

Life Before Death It's Your Life!

Conversations
Matter

Name your own:
**Agent
Attorney
Supporters
Representative**



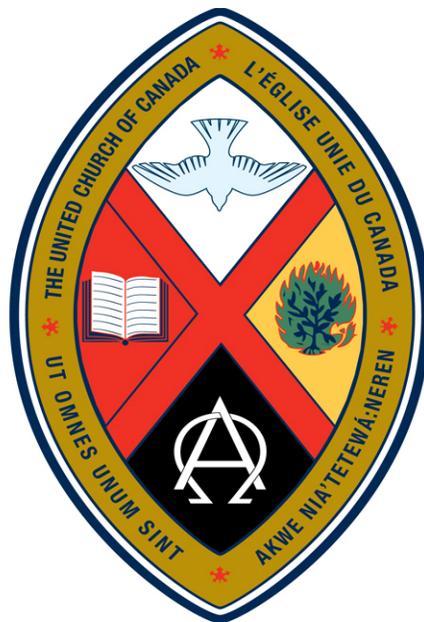
**Talk about taboo topics
in your church:**
“What if... I can't...”
“Then when... I die...”

**Foothills
United Church
Bowness, Calgary**

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Bill Bruce

Minister - Presenter
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Bill Bruce has been doing these workshops for 20 years, since he was practicing law & being a minister, in times of 'living wills' & Ontario's new 'powers of attorney for personal care'. (He drafted his first wills 40 years ago)

www.hereticslikeus.com

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**New Year Resolution
Check-up on 4 Plans:**
‘Self’
‘Stuff’
‘Circle’
‘Legacy’



**Sun Jan 15 2017, 1-3pm
Repeated
Mon Jan 16 2017, 7-9pm
At Foothills UC
Bowness, Calgary**

Get Started

Sacramental First Steps 2 hours won't get'r'done, but sip a juice, crack fortune cookies, get round a table now

Gos-sip comes from two old words meaning 'God-talk' – stuff that only God should talk about. Start sharing memories, or 'gos-sip', about your:

- ✓ first experience of mortality
- ✓ worst brush with morbidity
- ✓ best example of a good life/death
- ✓ recent close bereavement

Update Your 4 Plans not just for end-of-life, but thru all of life's changes like a housekeeping & hygiene habit, clothes, cars, décor, hairstyle choices:

- ✓ 'self': body/mind/soul
- ✓ 'stuff': own/owe/earn/spend
- ✓ 'circle': friend/advocate/ally/family
- ✓ 'legacy': memorial/marker/story

ICE: In Case of Emergency
(Health app on iPhones, free ICE app)

Document It in your 'Green Sleeve':

PD: Personal Directive

POA: Enduring Power of Attorney

SDMA: Supported Decision-Making

ACP: Advance Care Plan (if any)

GCD: Goals of Care Designation Order

Medications List pharmacy printout

Personal Health Card organ donor OK

Who chooses with, or for, you?
How do they know your wishes?

Try It Out Together

Paper Can Help: this Flyer, with matching Outline brochure, plus longer Workbook, may be all you, or your friend or family member, need today, to start or resume your conversations that matter about taboo topics of mortality & death.

Legal Forms Won't Do It For You: Alberta has great resources, included here – but like a bible, not if you just 'trust & dust' it all – use the stuff, try it out, talk about it, break the taboo – take it out for a spin, with some friends, kick the tires

Church Workshops, Now & Then: We can help the first time – you may keep it up, as people enjoy more peace of mind, and circumstances change, inviting repeated re-view of one of their 4 plans. If you can't talk about this at your church, then where can you talk about it?

Preparing to Meet Advisors: Experts intimidate people. Doctors, lawyers, financial planners, funeral directors, counselors, clergy do work well if you know what you want. Would you limp from a car accident, bleeding, to ask a car dealer what car you should buy that day? Be as good a 'consumer' of these services as any others!

Want to make God laugh?
Tell her your 'plans'!

Want to make God weep?
Deny your mortal limits!

Equip the Saints

Church 'Equips the Saints' for the work of ministry (Eph 4:12). Caring for each other, we keep learning the predictable preventable things that add insult to injury as our health changes and our death comes closer. People with updated plans are caring for their circles of friends and family, making practical things less difficult.

Personal Privacy Protection is improving among medical professions, so naming Agent by personal directive & Attorney by power of attorney for when you are unconscious or incompetent, even for a brief time, can be a great gift. Naming 3 Supporters by supported decision making authorizes professionals to include them 'in the loop' to improve communication, hot deciding for you, but with you, advocates or interpreters

WHO should Participate?

Everybody over 18 should update 4 plans for their own self, stuff, circle, & legacy. Everybody named your Agent or Attorney or Supporter should renew conversations with you.

If you expect to speak for someone else In their big health transitions, or upon their death, invite them to the table, to update their plans and your understanding of their wishes

YOU should come!